

# Dr. Thomas V. Naro

MSPT, DPT, CEAS III, AOEAS

## Physical Therapy Licenses

Massachusetts #17621

Connecticut #11622

New Hampshire #3153

## Education

Andrew Taylor Still University Phoenix AZ – Doctor of Physical Therapy, August 2010

Institute of Orthopaedic Manual Therapy Woburn MA – Level 1 Residency Program, December 2007

Springfield College Springfield MA – Master of Science, Physical Therapy, May 2006

*Research: “A Comparison of Scores on the Sock Test Between Overweight and Non-overweight Adult Females”*

Springfield College Springfield MA – Bachelor of Science, May 2005

## On-Site Physical Therapy Experience

My PT Southwick MA, August 2017 – Present

Sensible Ergonomics Wilbraham MA December 2017 – Present

Eversource Springfield MA December 2017 – Present

Show Circus Studio Easthampton MA

UMASS Track & Field Amherst MA April 2018

## Peer Review Experience

Dane Street Boston MA, January 2018 – Present

MES Solutions Woburn MA, January 2018 – December 2019

Coppola Physical Therapy Concord NH, January 2019

## Clinical Experience

My PT Owner/Physical Therapist Southwick MA, August 2017 – Present

Alternatives in Physical Therapy Contract Physical Therapist Springfield MA, December 2018 – February 2019

Highview of Northampton Per Diem Physical Therapist Leeds MA, February 2018 – August 2018

Coppola Physical Therapy Farmington Partner/Physical Therapist Farmington NH, April 2012 – July 2017

Coppola Physical Therapy Physical Therapist Concord NH, August 2010 – December 2012

Willem Verweij and Associates Physical Therapy Physical Therapist Rochester NH, September 2007 – August 2010



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Orthopedic and Sport Therapy Services Physical Therapist Somersworth NH, September 2006 – September 2007

Orthopedic and Sport Therapy Services Physical Therapist Rochester NH, September 2006 – May 2007

## Memberships

Family Business Center (FBC) October 2017 – Present

Business Networking International (BNI) October 2017 – Present

American Physical Therapy Association, 2003 – Present

## Certifications

OSHA30 Construction Safety and Health, AdvanceOnline Solutions October 2019

Certified Ergonomics Assessment Specialist III, The Back School April 2018

Certified Ergonomics Assessment Specialist II, The Back School January 2018

Advanced Office Ergonomics Assessment Specialist, The Back School January 2018

Certified Ergonomics Assessment Specialist I, The Back School December 2017

CPR, basic first aid, and infant/adult AED, American Health and Safety Institute, June 2020

## Awards

Eagle Scout Award, Boy Scouts of America (BSA) 1998

## Other Positions / Groups

Member, FBC Round Table, November 2018 – November 2019

Columnist of Healthy Living, The Puddledock Press, October 2015 – May 2017

Member at Large and Vice Chairperson, The Puddledock Press, 2016 and 2017

Instructor, Springfield College Physical Education Activity Course 142-3 Tae-Kwon-Do, 2005 – 2006

President Crabapple Drive HOA, September 2016 – September 2017

Treasurer Crabapple Drive HOA, September 2012 – September 2017

## Volunteer Work

Food Drive to benefit Our Community Food Pantry, 2019 located at My PT Southwick MA

Ride to Remember from Springfield to Boston MA 2017 & 2019, Physical Therapy Table/Post race massage/stretch

Mathew Osienki Memorial Bowling Tournament to benefit Westfield Baseball Programs, Organizer 2017 – Present



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Shoe Drive to benefit Liberty House in Manchester NH and Families First in Dover NH, 2014  
Peeper 5k Road Race Barrington NH 2017, Physical Therapy Table/Post race massage/stretch  
Big Lake Race ½ Marathon Alton NH 2013 – 2016, Physical Therapy Table/Post race  
massage/stretch



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